



news

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WIN A \$10,000 SHOPPING SPREE

**Getting
called in
for a
colonoscopy**



One lucky person will get to spend \$10,000 on whatever they wish at Kemptville Building Centre/Rona including Kemptville Interiors.

“From tools to furniture to appliances, the winner can choose anything available in the store”, says Eric Norenberg, owner, KBC/Rona. “We are very excited about this opportunity to support the Hospital and the community!”

**Supporting
your local
hospital**



The Foundation hopes to raise \$60,000 through ticket sales to purchase new heart stress test equipment required for the Cardiac Clinic.

KDH has been working for some time now to expand cardiac care services. The new equipment will allow the cardiac team to diagnose coronary artery disease, diagnose the possible cause of chest pain and help predict dangerous heart related conditions that can lead to a heart attack.

**Winning
a \$10,000
shopping
spree**



For many patients living with heart disease having access to Heart Stress Testing close to home is a relief.

“I am thrilled I don’t have to travel to Ottawa anymore for my stress test”, says John Steven, cardiac patient. What a difference this will make for me and my family.”

For those who are not yet diagnosed, having the testing available at the Hospital can and will save lives.

**Buy your
tickets now:**

**KBC RONA or
kdhfoundation.ca/raffle**

**Tickets \$25 each
or 5 for \$100**

**50%
SOLD!**

Thanks to KBC/RONA 100% of ticket sales will be used to purchase the new equipment!

Makes an excellent gift!!



Thank you KDH Emergency Room Team



When Christa Mesman and her Dad Tom brought her Mom into the KDH Emergency room mid-summer 2018, she never thought she would end up as a patient.

While Ardele, her mother, was being treated in the ER, Christa suddenly developed a headache. Within a short period of time, the pain was shooting down her neck.

Emergency Room Doctor, Shawn Michael O'Donnell, who was treating Christa's Mom was so concerned by Christa's symptoms that he admitted her to the ER as well. After several hours of treatment, Christa's condition was not improving.

Dr. O'Donnell called the Ottawa Hospital to arrange for an emergency CT scan for Christa.

Upon arrival at the Civic Campus of the Ottawa Hospital, Christa was immediately taken for the CT scan. Results showed that she was suffering from a subarachnoid hemorrhage. (SAH) SAH is bleeding between the skull and the brain caused by an aneurism.

Christa spent the next 7 days in the Neurological Intensive Care Unit and a week on the Neurological Unit at the Civic. She feels extremely lucky to be alive. "If I had been at home, I probably would have assumed it was a migraine and gone to bed".

Christa and her Dad credit her survival to the swift actions of Dr. O'Donnell. 'Not only was I at the right place at the right time, but the fact that the Civic was prepared and waiting for my arrival made all the difference'.

Christa returned to work last January 2019 on a modified work schedule at St. Mark High School. Her recovery continues and she is thankful for the professional and compassionate emergency room staff at the Kemptville District Hospital.

\$20 for one or \$50 for three
To purchase lights
613-258-6133 ext. 157 or
online at kdhfoundation.ca.

Donations must be received by
December 19th to be included
in the Kemptville Advance
Christmas Dedication Ad.



New Mental Health Services for Children & Youth in North Grenville

It was just over two years ago when Frank Vassallo, CEO of Kemptville District Hospital (KDH) met with Lorena Crosbie, ED of Children's Mental Health of Leeds and Grenville to talk about the urgent need for more mental health services for children and youth in our community.

From that discussion, The Mental Health and Addictions Health Hub was born representing close to 20 agencies throughout North Grenville currently providing services to children and youth.



Joanne Desormeaux, Project Lead says the Hub has met several important milestones since its inception. For example there is a weekly walk in clinic for youth in Kemptville and a new Navigator position that helps connect youth to the right services in the community. The Navigator also provides crucial support to youth while waiting to access those services.

"We have asked the youth in our community to help us name the new Hub and we will be rolling out a communication strategy shortly including the introduction of social media platforms to increase awareness of Hub services in the community." says Desormeaux.

"Thanks to the Foundation who have been fundraising in support of the Hub over the past year, we will be able to move on a number of priority initiatives in the areas of Access, Service Coordination, Youth and Family/Caregiver Engagement and Mental Health and Wellbeing."

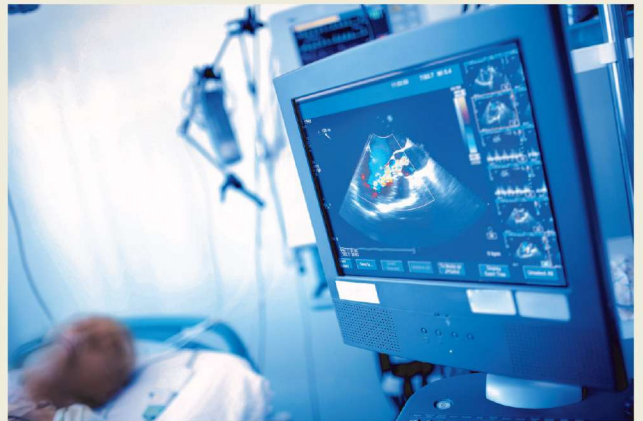
For more information on the Hub and how you can support Children and Youth in our community go to www.kdhfoundation.ca

Foundation supports Hospital with \$1.85 Million in Grants

From 2018 through to 2020, the Foundation has committed **\$1.85 M** to purchase much needed equipment and to fund renovations.

The Foundation contributed \$750,000 to build new Clinics, \$100,000 for a Family Room and \$196,000 towards equipment including \$160,000 for a new x ray machine.

The Foundation has also committed another \$250,000 towards the clinic and \$275,000 to purchase a new Ultrasound. Other projects currently on the go funded by the Foundation include a major renovation project to upgrade the space in the Long Term Care Unit.



Thank you to all our wonderful donors for your contributions to the Foundation!



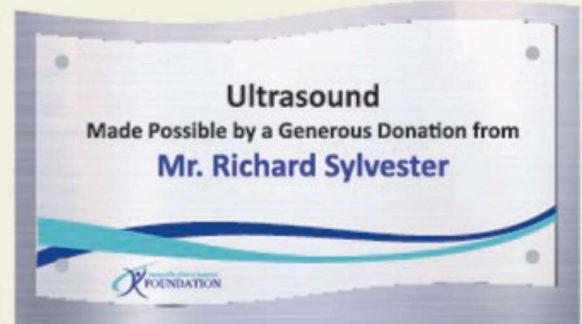
Contact Info:
613-258-6133 x 157
foundation@kdh.on.ca
www.kdhfoundation.ca
Charitable #: 118979152RR0001

Generous Bequest to purchase new Ultrasound

Over the past few years, the Foundation has been fortunate to receive a number of bequests made by donors in recognition of the excellent care this Hospital has been providing since 1960. With family members well taken care of, these donors want to ensure that future generations benefit from having the best in care, close to home.

Last year, we received a transformational bequest from the Estate of Richard Sylvester from North Gower. Mr. Sylvester's gift will be used to purchase a new state-of-the-art Ultrasound for KDH. (\$275,000).

Mr. Sylvester's legacy will benefit the entire community. We are so grateful to Mr. Sylvester for including a gift to the Foundation in his will.



If you would like information on leaving a gift in your will to the Foundation please contact Joanne Mavis.
jmavis@kdh.on.ca or 613-258-6133 x 185.



Margret Norenberg
Chair, KDH Foundation

The Board & Staff at KDH Foundation would like to wish you and your family a safe and healthy holiday season and all our best for 2020.

Please let us know if you would like to be added to our newsletter list to receive updates from the KDH Foundation.

☐ \$35 ☐ \$50 ☐ \$100 ☐ \$250 ☐ I prefer to give \$ _____

☐ My cheque payable to the KDH Foundation is enclosed OR please bill my ☐ VISA ☐ Mastercard ☐ Amex

Name _____

Address _____

Card Number _____ Expiry Date _____

Cardholder Name _____ CVV _____

Telephone _____ Email _____

Your gift will have a direct impact on patients receiving care
at Kemptville District Hospital so please give generously .
Mail to KDH Foundation, P.O. Box 2007, 2675 Concession Rd, Kemptville Ontario K0G 1J0
or donate online at www.kdhfoundation.ca

THANK
YOU FOR
YOUR
SUPPORT!